

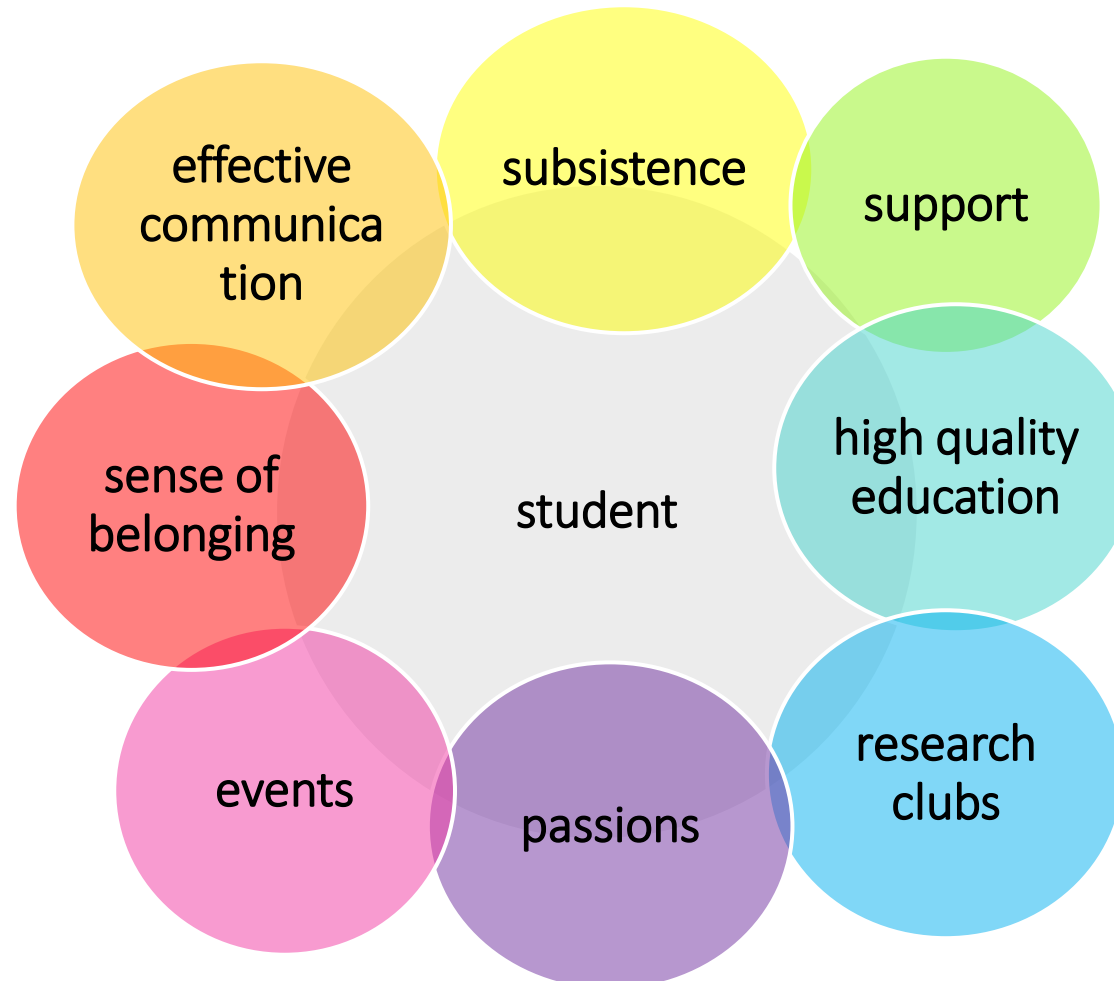


WELL-BEING OF PUT STUDENTS: GOOD PRACTICES

Olha Vakhrina
International Relations Office
Welcome Point



WELL-BEING OF PUT STUDENTS



* Zawirska-Wolniewicz M. "Poznan University of Technology - how to take care of the well-being of foreign students". Conference *International Students in Poland 2024*, Poznan, February 8-9, 2024



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POZNAN UNIVERSITY OF TECHNOLOGY

Welcome Point

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Welcome point is funded by the Polish National Agency for Academic Exchange (NAWA) as a part of the project „PUT. Open Doors. Open Minds”

27 October 2025 – opening of the WELCOME POINT

Welcome Point activities are supported by the European Social Fund under the project of the Polish National Agency for Academic Exchange (NAWA) entitled *“PUT. Open Doors. Open Minds”*.





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WELCOME POINT a small point on the campus map that represents something much bigger: openness, diversity, and a vibrant international community.





What is the WELCOME POINT?

First stop at PUT – supporting, connecting and inspiring the international community.

- ✓ **Supporting** international students at every stage of their journey—from arrival and onboarding to intercultural engagement;
- ✓ **Connecting** students through integration events, cultural activities and community-building initiatives.
- ✓ **Empowering** students and staff by developing intercultural awareness and competences.
- ✓ **Creating** an open, welcoming and inclusive international campus environment.





REGULAR EVENTS FOR INTERNATIONAL STUDENTS

ORIENTATION DAY - event has become a regular part of the academic calendar at Poznan University of Technology for many years. It combines practical elements with inspiring presentations that introduce students not only to how the university works and life in Poznan, but also provide key information about residence card application procedures. The meeting is also attended by representatives of the Police and the National Health Fund, who explain safety issues and how to use healthcare services.





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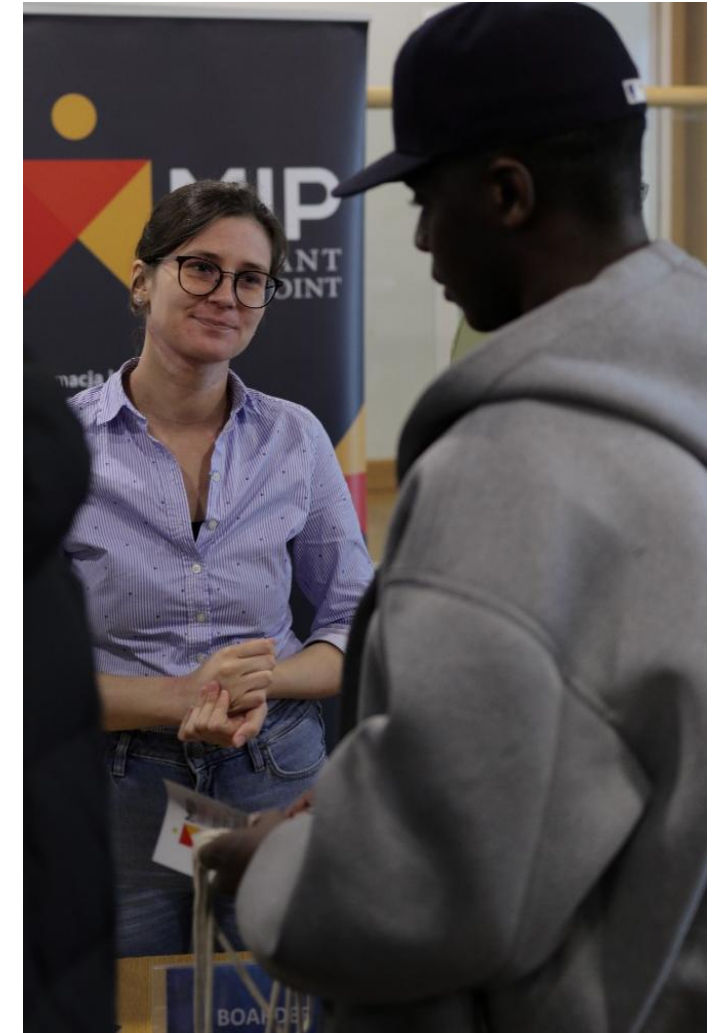
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REGULAR EVENTS FOR INTERNATIONAL STUDENTS

FREE CONSULTATIONS FOR INTERNATIONAL STUDENTS

Regular office hours of a Migrant Info Point staff member at Poznan University of Technology – individual advice on residence legalization procedures (especially important for full-degree students), healthcare and insurance, diploma recognition, administrative procedures, and official documents.





REGULAR EVENTS FOR INTERNATIONAL STUDENTS

INTERCULTURAL CAFÉ – a flagship initiative that has been successfully running for almost **10 years**. It creates an open and friendly space for intercultural dialogue and integration. It is a place where international students and graduates share their reflections, break national stereotypes, and tell inspiring stories.





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SUPPORT FOR INTERNATIONAL STUDENTS – NAWA PROJECT “WELCOME TO POLAND – PUT STUDENTS ON BOARD”

What you should know before the start of the
academic year:

- What are your first tasks before classes begin?
- Where exactly is your faculty located?
- When is the Orientation Day for new students?
- Do you need a medical referral?

The poster is for the registration of foreign language courses at Politechnika Poznańska. It features a blue background with white and yellow text. On the left, there is a list of faculties and their corresponding URLs. In the center, the text reads 'REGISTRATION FOR FOREIGN LANGUAGE COURSES' followed by '22-24 September'. On the right, there is a colorful world map. At the bottom, it mentions 'Faculty Welcome Meetings 30th of SEPTEMBER' and 'POLE'S CARD INSURANCE'. The logos of Politechnika Poznańska and Poznań University of Technology are also present.

**REGISTRATION FOR
FOREIGN LANGUAGE
COURSES**
22-24 September

**POLE'S CARD
INSURANCE**

**Faculty Welcome Meetings
30th of SEPTEMBER**

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POZNAN UNIVERSITY OF TECHNOLOGY

- FACULTY OF ARCHITECTURE
<https://architektura.put.poznan.pl/informacja-dla-studentow-1-roku>
- FACULTY OF CONTROL, ROBOTICS AND ELECTRICAL ENGINEERING
https://creef.put.poznan.pl/index.php/rekrutacja/stacjonarne_1
- FACULTY OF COMPUTING AND TELECOMMUNICATIONS
https://est.put.poznan.pl/informacja_dla_pocztyjnych
- FACULTY OF CIVIL AND TRANSPORT ENGINEERING
<https://wolt.put.poznan.pl/artykul/info-dla-nowych-pracujacych>
- FACULTY OF MECHANICAL ENGINEERING
<https://wim.put.poznan.pl/artykul/informacja-dla-nowych-pracujacych-studentow>
- FACULTY OF MATERIALS ENGINEERING AND TECHNICAL PHYSICS
<https://phys.put.poznan.pl/artykul/informacja-dla-studentow-1-roku>
- FACULTY OF ENVIRONMENTAL ENGINEERING AND ENERGY
<https://iain.put.poznan.pl/artykul/spotkanie-organizacyjne-dla-1-roku-202526>
- FACULTY OF ENGINEERING MANAGEMENT
<https://fem.put.poznan.pl/artykul/spotkanie-organizacyjne-orientation-meeting>
- FACULTY OF CHEMICAL TECHNOLOGY
<https://fct.put.poznan.pl/spotkanie-organizacyjne-dla-studentow-i-gc-roku>



Interactive
Web
Application



EVENTS FOR INTERNATIONAL STUDENTS

INTERCULTURAL CAFÉ – Easter and Christmas traditions, a fun Kahoot quizzes, the folk dance group Poligrodzianie, intercultural integration.





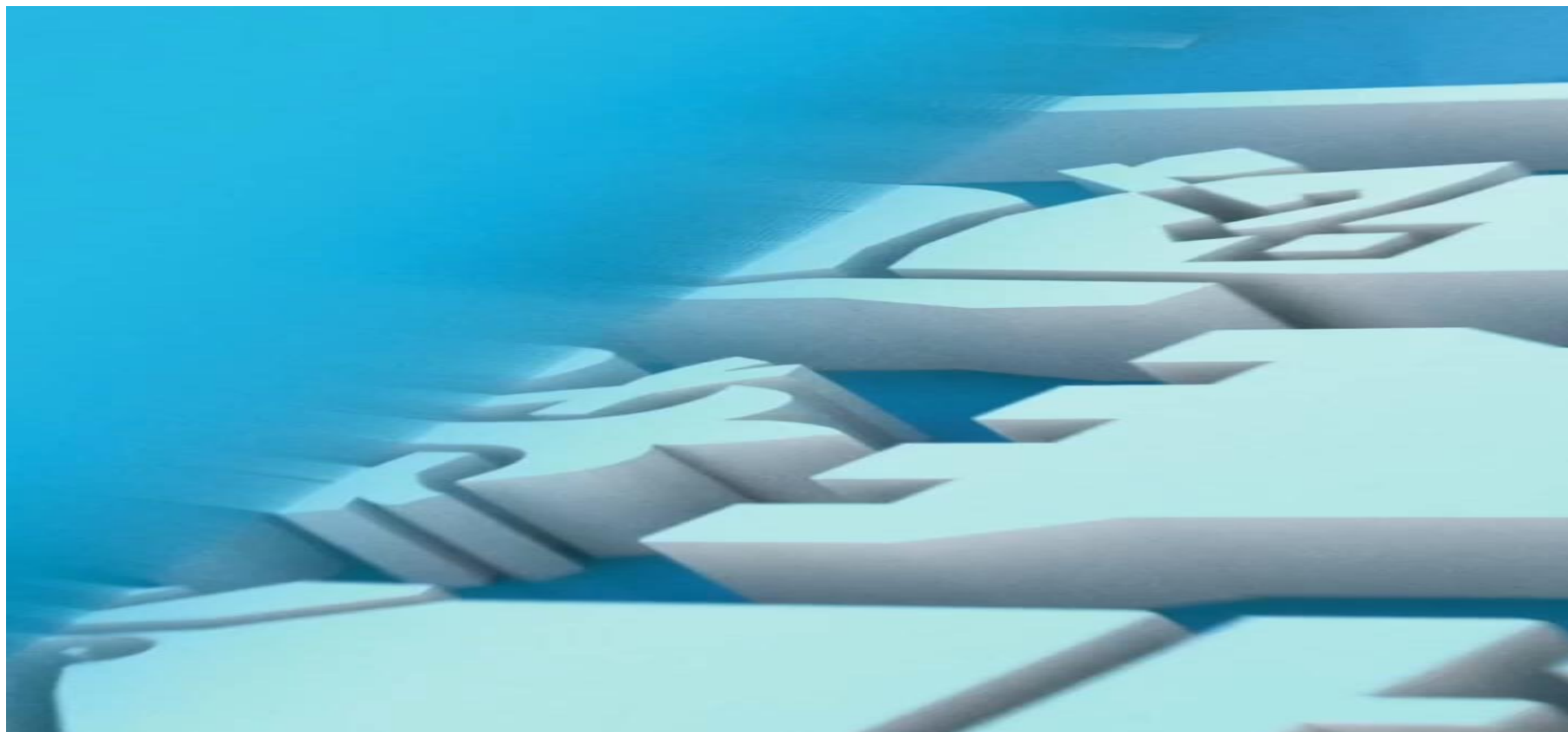
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INTERCULTURAL CAFÉ – CHRISTMAS EDITION





REGULAR EVENTS FOR INTERNATIONAL STUDENTS

CAMPUS GAME – an English-language city game that turns University campus into a lively board, where participants move like game pieces, exploring the campus and solving tasks. It is a continuation of the Polish National Agency for Academic Exchange (NAWA) project, this time prepared by the International Relations Office and Buddies, supporting the integration of newly arrived international students.



PUT CAMPUS GAME
04.10.2025 10.30 a.m.
5th edition!

organized by
the International Relations Office
& Buddies

ESN
Erasmus Student Network
Poznań

JOIN US!
SAVE THE DATE

SCAN THE QR CODE
TO SIGN IN

Editions under the NAWA project:

- 04.11.2023
- 13.04.2024
- 26.10.2024
- 05.04.2025

Continuation with the participation of Buddies – funded (IRO):

- 4.10.2025
- 7.03.2026



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CAMPUS GAME – Challenges and Adventures Across Campus





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REGULAR EVENTS FOR INTERNATIONAL STUDENTS

UNITY IN MOTION – an amazing kayaking trip with international students, organized annually as part of Sports Day.





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Here for you



PUT Buddy Team





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PROGRAM BUDDY

- organizing of many activities that help new students integrate into the academic community;
- helping students to get in touch with experienced students who support them in the first weeks of their stay, helping them organize daily life and adapt to studying and living in Poland.



**POLITECHNIKA POZNAŃSKA**



USOS GUIDE - online meeting
Friday, 27 February

• 10:00 – 11:00 - in English
link: <https://meet.google.com/zzx-thrn-xhj>

CAMPUS GUIDE

WHEN ?

- 27 of February 2026
- 3 pm

WHERE ?

- Building A2
- (where International Relations Office is)





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BUDDY INITIATIVES

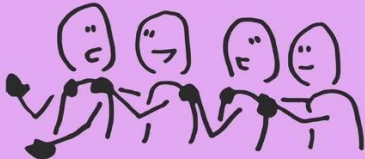
SPEED FRIENDING - PRACTICE YOUR ENGLISH AND MAKE NEW FRIENDS



DO YOU HAVE 5 MINUTES TO MEET
SOMEONE NEW?

CONVERSATIONS - LAUGHTER - NEW ACQUAINTANCES

SPEED FRIENDING



SHORT CONVERSATIONS (5 MIN)
PRE-PREPARED QUESTIONS
GREAT ATMOSPHERE AND LOTS OF LAUGHTER

AND ALL THIS WILL TAKE PLACE AT THE
MAIN ENTRANCE TO THE A30 BUILDING!

COME ALONE OR WITH FRIENDS!

MAY 12, 2026 11:25-13:15



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INTERNATIONAL STUDENTS' INITIATIVES:

BOARD GAMES — a great time for relaxation and integration!
Moments to know each other better, share laughter, and make new friends





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BUDDY INITIATIVES – BOARD GAMES GREAT TIME FOR RELAXATION AND INTEGRATION





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REGULAR EVENTS FOR INTERNATIONAL STUDENTS

GALA NIGHT FOR INTERNATIONAL STUDENTS, 2025 - formal recognition of the most active participants of the Buddy Program, awarding them certificates and gifts for their exceptional support of new students and their open-minded attitude





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GALA NIGHT FOR INTERNATIONAL STUDENTS, 2026

red carpet welcome, enthusiastic applause, a handshake from the Rector, and an atmosphere full of positive energy.





WELCOME TO PUT 😊

Thank you!

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welcome@put.poznan.pl